

## LECTURES

### Peptide Steroid Interaction

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#### CONTROL OF ADRENAL FUNCTION BY PRO- $\gamma$ -MELANOTROPIN.

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Corticotropin (ACTH) is banded by  $\beta$ -lipotropin at the C-terminus and pro- $\gamma$ -melanotropin (pro- $\gamma$ -MSH) at the N-terminus in its precursor molecule pro-opio (melano) cortin (POMC). Hypothalamic stimulation of the anterior pituitary corticotrope releases all three peptides simultaneously.

The physiological function of  $\beta$ -LPH and its C-terminally derived opiate peptide  $\beta$ -endorphin is unclear. Pro- $\gamma$ -MSH however has been found to potentiate the ACTH induced adrenal corticosteroidogenesis with a committant increase in RNA synthesis. Adrenal hypertrophy and hyperplasia had been postulated as a consequence of ACTH hypersecretion although direct neural influences have been proposed. Evidence now suggests that pro- $\gamma$ -MSH could be involved in the growth of the adrenal. Although the form released from the anterior pituitary is inactive as an adrenal mitogen, peptides generated from the extreme N-terminal of the peptide which do not contain the  $\gamma$ -MSH sequence have been found to stimulate DNA synthesis *in vitro* and cell proliferation *in vivo*, the activating cleavage mechanism most probably being neurally influenced at the adrenal. More recent evidence would also indicate that pro- $\gamma$ -MSH is also involved in the regeneration of the enucleated adrenal gland.

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Potentiation of ACTH-induced adrenal steroidogenesis by amino-terminal fragments (NTFs) of pro-opiomelanocortin(POMC)-structure activity relationships.

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We have purified and characterized the various forms of NTF from both the anterior and intermediate lobes of the rat pituitary. NTF<sub>1-74</sub> is the major product of the anterior lobe while NTF<sub>1-74</sub>, NTF<sub>1-49</sub> and Lys<sup>1</sup><sub>3</sub>MSH (ie NTF<sub>50-74</sub>) are produced by the intermediate lobe. Studies were undertaken to discover what structural elements determine the biological activity of NTF. A highly sensitive dispersed adrenal cell bioassay was used which routinely displayed ED<sub>50</sub> values for corticosterone output of 15 to 40 pM and 2 to 5 pM for synthetic human ACTH<sub>1-39</sub> and ACTH<sub>1-24</sub> respectively. None of the N-terminal fragments had significant intrinsic steroidogenic activity. When NTF peptides were added to ACTH standard curves much greater potentiations were observed with ACTH<sub>1-24</sub> than with ACTH<sub>1-39</sub>. The most significant effects were induced by NTF<sub>1-74</sub> which reduced the ED<sub>50</sub> approximately five-fold when added to the ACTH<sub>1-24</sub> curve at 100 pM concentrations. Potentiation could be more readily studied by incubating different concentrations of NTF at a concentration of ACTH<sub>1-39</sub> close to that required for half-maximal response. Up to five-fold potentiations were obtained with ED<sub>50</sub> values of less than 100pM for NTF<sub>1-74</sub> and 100 to 4000pM for Lys<sup>1</sup><sub>3</sub>MSH. NTF<sub>1-49</sub> was found to have no potentiating activity. Our preliminary conclusion is that the most glycosylated form of NTF<sub>1-74</sub> gives the greatest potentiating effects. Our previous findings have indicated that the extent of glycosylation profoundly influences the biosynthetic processing of NTF. This post-translational modification may also affect biological activity.

Supported by MRC, FRSQ and FCAR.